

**Figure 1.** Schematic representation of the experimental design. The subjects were divided into two groups: control group and intervention group. The control group received no intervention, while the intervention group received a 6-week intervention program. The intervention program consisted of three components: physical activity, cognitive-behavioral therapy, and social support. The control group was assessed at baseline and follow-up, while the intervention group was assessed at baseline, mid-intervention, and follow-up. The dependent variables measured were self-reported health status, quality of life, and psychological well-being.

As a below named inventor, I hereby declare that:

I believe I am the original, first and sole inventor (if only one name is listed below) or an original, first and joint inventor (if plural names are listed below) of the subject matter which is claimed and for which a patent is sought on the invention entitled: MECHANISM FOR AUTOMATICALLY CONFIGURING INTEGRATED ACCESS DEVICE FOR USE IN VOICE OVER DIGITAL SUBSCRIBER LINE CIRCUIT, the specification of which:

  X   is attached hereto

\_\_\_\_\_ was filed on \_\_\_\_\_

as Application Serial No. \_\_\_\_\_

and was amended on \_\_\_\_\_ (if applicable)

I hereby state that I have reviewed and understand the contents of the above-identified specification, including the claims, as amended by any amendment referred to above.

I acknowledge the duty to disclose information which is material to the examination of this application in accordance with Title 37, Code of Federal Regulation, 1.56(a).

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Prior Foreign Application(s) Priority Claimed

<u>                    </u>	<u>                    </u>	<u>                    </u>	[    ]	[    ]
(Number)	(Country)	(Day/Month/Year Filed)	Yes	No
<u>                    </u>	<u>                    </u>	<u>                    </u>	[    ]	[    ]
(Number)	(Country)	(Day/Month/Year Filed)	Yes	No
<u>                    </u>	<u>                    </u>	<u>                    </u>	[    ]	[    ]
(Number)	(Country)	(Day/Month/Year Filed)	Yes	No

I hereby claim the benefit under Title 35, United States Code, 120, of any United States application(s) listed below and, insofar as the subject matter of each of the claims of this application is not disclosed in the prior United States application in the manner provided by the first paragraph of Title 35, United States Code, 112, I acknowledge the duty to disclose material information as defined in Title 37, Code of Federal Regulations, 1.56(a) which occurred between the filing date of the prior application and the national or PCT international filing date of this application:

<u>                    </u>	<u>                    </u>	<u>                    </u>
(Appln Serial No.)	(Filing Date)	(Status)
(patented, pending, aban.)		
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(Appln Serial No.)	(Filing Date)	(Status)
(patented, pending, aban.)		

I hereby declare that all statements made herein of my own knowledge are true and that all statements made on information and belief are believed to be true; and further that these statements were made with the knowledge that willful false statements and the like so made are punishable by fine or imprisonment, or both, under Section 1001 of Title 18 of the United States Code and that such willful false statements may jeopardize the validity of the application or any patent issued thereon.

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English Language Declaration

**POWER OF ATTORNEY:** As a named inventor, I hereby appoint the following attorneys to prosecute this application and transact all business in the Patent and Trademark Office connected therewith:



27975

PATENT TRADEMARK OFFICE

Direct telephone calls and send correspondence to:

CHRISTOPHER F. REGAN, ESQUIRE




27975

PATENT TRADEMARK OFFICE

RECEIVED 9/14/2001

Full name of (first) inventor: **Paul Graves MCELROY**

Inventor's

Signature: 

Date: 8/9/2001

Residence: **1003 Riviera Drive NE**  
**Huntsville, AL 35802**

Citizenship: **Citizen of United States**

Post Office Address: **1003 Riviera Drive NE**  
**Huntsville, AL 35802**

Full name of second inventor: **Joseph Russell MCFARLAND**

Inventor's

Signature: Joseph R. McFarland

Date: 7/26/2001

Residence: **340 Greenstone Drive**  
**Madison, AL 35758**

Citizenship: **Citizen of United States**

Post Office Address: **340 Greenstone Drive**  
**Madison, AL 35758**

Full name of third inventor: **Jonathan Aaron WRIGHT**

Inventor's

Signature: Jonathan A. Wright

Date: 7/26/2001

Residence: **2710 Evergreen Street**  
**Huntsville, AL 35801**

Citizenship: **Citizen of United States**

Post Office Address: **2710 Evergreen Street**  
**Huntsville, AL 35801**